

KICKBOXING FOR EVERYONE

KIDS & ADULT PROGRAMS



Are you ready to elevate your fitness, sharpen your mind, and gain self-defense skills? Join our martial arts community and experience a workout that challenges both body and mind!

WHY CHOOSE KICKBOXING?



Kickboxing is an incredible way to channel your energy and leave feeling revitalized. Learn how to protect yourself in real-life situations. As you master new skills and see physical changes, your confidence will soar.

DOES IT WORK?



Yes! Punch, kick, knee and elbow your way to a lean, strong body. Target all major muscle groups, improve your strength, endurance, and agility.

BEGINNER CLASSES



No experience? No problem! Our expert instructors will guide you through the fundamentals at your own pace. Expect a blend of technique drills, sparring sessions, and fitness training.

START YOUR MARTIAL ARTS JOURNEY WITH OUR TEAM



CONTACT US NOW!



(909) 242-1804



pomonakickboxing.com



8851 Central Ave Suite E,
Montclair, CA 91763

POMONA KICKBOXING



BEGINNER KICKBOXING

MARTIAL ARTS PROGRAM

POMONAKICKBOXING.COM

KICKBOXING SERVICES

As a kickboxing service, we provide diverse gym programs tailored to various fitness goals, experience levels, and preferences. Explore our program options and amenities below

Kids program

Adults program

Womens program

Private lessons

Beginner classes

Advanced classes

Self Defense

Get in Shape

Lose Weight

Competitions



**LEARN SELF
DEFENSE, GET IN
SHAPE AND HAVE
FUN!**

KICKBOXING PACKAGES

GROUPS

\$375

- Unlimited Group Classes
- 3 Month membership
- Each class is an hour

PRIVATES

\$500

- x12 one hour sessions
- Family and Friends included
- Group classes Included

BOOTCAMP

\$1200

- x36 Privates Lessons
- 3 months of Group Classes
- Family and Friends included